

Feelings and Emotions - Reading & Writing Practice

Activity 1: Read the Paragraph

Instructions:

Read the paragraph and underline the feeling words.

Emma is happy because she got a new toy. Her little brother feels sad because he lost his ball. Their friend Max is excited to go to the zoo. Mum feels tired after work. Dad is angry because the room is messy. The baby is hungry and cries loudly. The dog is thirsty and drinks a lot of water. At night, Emma feels scared of the dark.

Activity 2: Fill in the Missing Words

Instructions:

Use the words below to complete the sentences.

(happy, sad, excited, tired, angry, hungry, thirsty, scared)

1. Emma is _____ because she got a new toy.
2. Her brother is _____ because he lost his ball.
3. Max is _____ to go to the zoo.
4. Mum is _____ after work.
5. Dad is _____ because the room is messy.
6. The baby is _____ and cries loudly.
7. The dog is _____ and drinks a lot of water.
8. Emma is _____ of the dark.